

# Adsorptive properties of albumin, fibrinogen, and $\gamma$ -globulin on fluorinated diamond-like carbon films coated on PTFE

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**Abstract** Fluorinated diamond-like carbon (F-DLC) films were deposited on polytetrafluoroethylene (PTFE) using radio frequency (RF) plasma-enhanced chemical vapor deposition (CVD) by changing the ratio of tetrafluoromethane ( $CF_4$ ) and methane ( $CH_4$ ). To enhance the adhesion strength of the F-DLC film to the PTFE substrate, the PTFE surface was modified with a  $N_2$  plasma pre-treatment. XPS analysis of the films showed that the C–C bond decreased with increases in the  $CF_4$  ratio, whereas the C–F bond increased with the  $CF_4$  ratio. The F/C ratio of the film also increased with the  $CF_4$  ratio. The pull-out test showed that the adhesion strengths of the films ( $CF_4$ -0–60%) were improved with the plasma pre-treatment. In the film without the plasma pre-treatment, adhesion strength increased with the  $CF_4$  ratio. In contrast, in the case with the plasma pre-treatment, the adhesion strength of the F-DLC film decreased with the increased  $CF_4$  ratio. Regarding the adsorption of albumin, fibrinogen, and  $\gamma$ -globulin, the amount of adsorbed albumin on the film decreased with an increasing  $CF_4$  ratio, and the amount of adsorbed fibrinogen and  $\gamma$ -globulin increased with the  $CF_4$  ratio. The  $CF_4$ -0% DLC film showed the most adsorbed albumin and the least adsorbed fibrinogen and  $\gamma$ -globulin. This indicates

that the  $CF_4$ -0% DLC film has higher anti-thrombogenicity than the F-DLC film.

## 1 Introduction

Polymeric materials have been used in a variety of industrial fields because of their lightness and flexibility. In particular, polytetrafluoroethylene (PTFE) has been used in biomedical applications such as artificial blood vessels due to its excellent chemical inertness and mechanical properties [1, 2]. Research has shown an improved patency rate with the placement of PTFE-covered stent-grafts [3]. However, thrombosis still occurs on the PTFE surface in clinical trials [4, 5].

Diamond-like carbon (DLC), also known as amorphous hydrogenated carbon (a-C:H), is a class of materials with excellent mechanical, tribological, and biological properties [6–8]. Recently, the DLC films have received considerable attention because of their antithrombogenicity, a property that inhibits platelet adhesion and activation [9]. However, the blood coagulation mechanisms on DLC films in biological environments are not yet well understood. Several studies report that cell adhesion on DLC films is related to surface energy and wettability. In addition, it is reported that antithrombogenicity is improved by fluorine incorporation into the DLC on polycarbonate and silicone [10, 11].

A large number of techniques have been reported for DLC film depositions, with the choice of each technique dependent on the desired DLC film properties. In particular, the radio frequency (r.f.) plasma chemical vapor deposition (CVD) technique is useful for DLC film deposited on polymer substrates because it allows for deposition at low temperatures [12]. However, problems

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with low adhesion strength often occur when the DLC is coated directly onto the polymeric material [13]. Studies show that plasma pre-treatment on the PTFE surface is effective in improving the adhesion strength between the DLC and PTFE [14, 15].

In this study, fluorinated DLC (F-DLC) films were deposited onto the PTFE substrates using a RF plasma CVD method. The plasma pre-treatment was applied to the PTFE surface to improve the adhesion strength of the F-DLC film. The F-DLC films were analyzed by Raman spectroscopy and X-ray photoelectron spectroscopy (XPS). The surface of the film was observed using a scanning electron microscope (SEM), and the static water contact angle was also determined.

The adhesion strength of the film to the PTFE substrate was measured using a pull-out test. The protein (albumin, fibrinogen, and  $\gamma$ -globulin) adsorption test was also carried out as an indicator of antithrombogenicity.

## 2 Materials and method

### 2.1 Sample preparation and analysis

PTFE (10 mm × 10 mm × 3 mm; Nafronsheet TOMBO-9000, Nichias Corp.) was used as the substrate. The N<sub>2</sub> plasma pre-treatment on the PTFE substrate and DLC deposition were performed using a PED-301 RF (13.56 MHz) CVD system (Cannon Anelva Corp.), and the N<sub>2</sub> plasma pre-treatment was performed on the PTFE substrate before DLC coating. Nitrogen gas (99.99%) was introduced into the chamber, and the PTFE substrates were modified in N<sub>2</sub> plasma for 5 min at a pressure of 13.3 Pa and a discharge power of 250 W (power density: 7.4 mW/mm<sup>2</sup>). After pre-treatment, a mixture of CH<sub>4</sub> (99.99%) and CF<sub>4</sub> (99.99%) gases was introduced into the chamber. The coating was carried out at 13.3 Pa and 250 W (power density: 7.4 mW/mm<sup>2</sup>). The partial flow of CF<sub>4</sub> was varied between 0% and 80%. The coating was applied to fabricate film samples 0.1-μm thick over time periods from 5.55 min to 5.88 min, according to the chosen coating conditions. The temperature of the substrate remained below 100°C during the deposition process.

The coated films were characterized using an argon laser Raman spectrometer (NRS-2100; Jasco). Raman spectroscopy was performed using the 514.5 nm line from the Ar laser, and the laser power was kept constant at 1 mW at the sample surface. Spectra were recorded from 1100 to 1800 cm<sup>-1</sup>. The chemical composition of the film surface was observed by XPS (JPS-9010; JEOL). The measurements were carried out using non-monochromatic Mg K $\alpha$  radiation ( $h\nu = 1253.6$  eV) at 10 kV and 10 mA. The surface observations of the coated films were carried out

using a scanning electron micrograph (JSM-5600LV; JEOL) under an accelerating voltage of 15 kV.

### 2.2 Measurement of water contact angle

The wettability of the F-DLC film surface was quantified by measurement of the static water contact angle, which is used to characterize the surface energy of solids [16]. Contact angles were measured from the profile of liquid drops of distilled water (2 μl) placed on the film surface at room temperature. The reported values of the water contact angle are an average from five samples.

### 2.3 Pullout test to determine the adhesion of F-DLC films to the PTFE substrates

Aluminum rods (D = 6 mm) were glued onto films coated on a PTFE substrate using an epoxy resin adhesive (SW2214; Sumitomo 3 M). The samples and rods were set in a jig, and the rods were pulled out at a crosshead speed of 1.0 mm/min using a Universal Testing Machine (RTM-1T; A&D Engineering, Inc.) until detachment of the film from the substrate occurred.

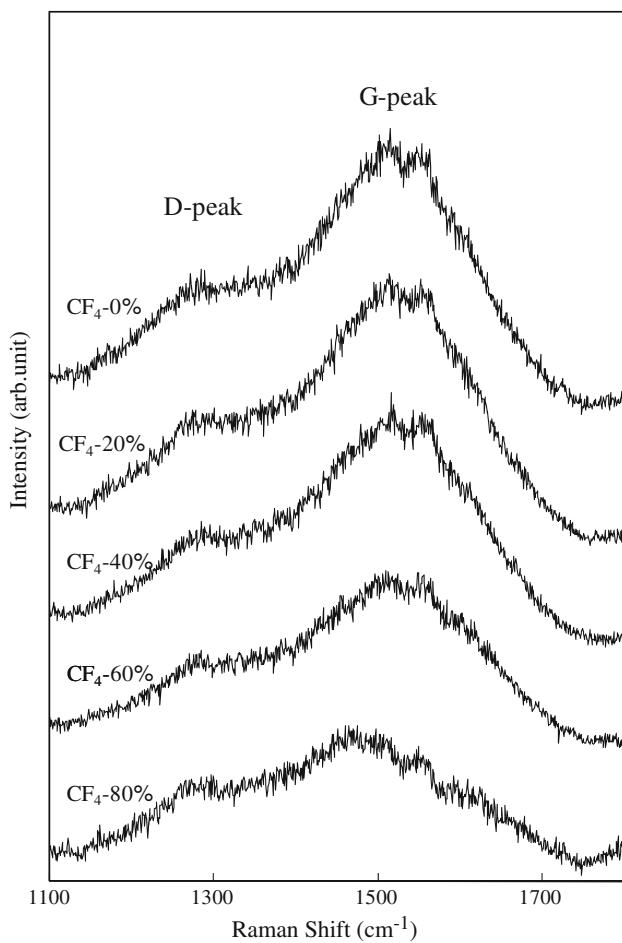
### 2.4 Protein adsorption test of F-DLC films coated on PTFE substrates

The protein adsorption test can be an indicator of the antithrombogenicity of the films. The F-DLC films (CF<sub>4</sub>: 0%, 40%, 80%) coated on the PTFE sheet (5 × 50 × 0.5 mm<sup>3</sup>) with plasma pre-treatment were immersed into the protein solution (bovine serum albumin (Wako Pure Chemical Industries), bovine serum fibrinogen (MP Biomedicals, Inc.), or bovine plasma  $\gamma$ -globulin (MP Biomedicals, Inc.)) at a concentration of 1 mg/ml at 37°C. Blanks containing only albumin, fibrinogen, or  $\gamma$ -globulin were also prepared as a control. After a 60 min immersion, 500 μl of the supernatants were sampled from the blank and the immersion solutions, and the concentrations of albumin, fibrinogen, and  $\gamma$ -globulin were measured with a Micro BCA™ protein assay kit (Takara Bio Inc.) according to the manufacturer's protocol using BSA as a standard. Each final result was obtained from an average of three samples.

## 3 Results and discussion

### 3.1 Raman spectra of F-DLC films deposited on PTFE substrate

Figure 1 shows the Raman spectra of the films coated on the PTFE substrate. All films exhibited two broad peaks,



**Fig. 1** Raman spectra of films deposited on PTFE substrate with various  $\text{CF}_4$  ratios. All films exhibit two broad peaks, which are G and D bands

which are the G and D bands. The G band corresponds to the  $\text{sp}_2$  orbital in graphite-like materials, whereas the D band results from the disorder and size of the crystal [17]. Characteristic G and D band peaks were observed at all  $\text{CF}_4$  ratios. These results indicate that the DLC was successfully coated onto the PTFE despite fluorine doping.

### 3.2 XPS spectra of F-DLC films deposited on PTFE substrate

Figure 2 shows C1s and F1s spectra of the films. In the F1s spectra, C–F bonds increased with the  $\text{CF}_4$  ratio. The C1s spectrum can be deconvoluted into five Gaussian peaks corresponding to  $\text{CF}_3$ ,  $\text{CF}_2$ ,  $\text{CF}$ ,  $\text{C}-\text{CF}_x$  and  $\text{C}-\text{C}$ . The absolute binding energies of  $\text{CF}_3$ ,  $\text{CF}_2$ ,  $\text{CF}$ ,  $\text{C}-\text{CF}_x$  and  $\text{C}-\text{C}$  fall within ranges of 292.6–294, 290.3–292, 287.8–289.3, 285.5–287.3 and 283.4–285. The ratio of fluorine to carbon (F/C) can be calculated by the integrated intensity of the various components of the C1s spectrum [11, 18]

$$\text{F/C} = (3I_{\text{CF}_3} + 2I_{\text{CF}_2} + I_{\text{CF}})/I_{\text{C1s}}$$

Table 1 shows the results from the C1s spectra deconvolution. The F/C ratio increased with the  $\text{CF}_4$  ratio, and that of the  $\text{CF}_4$ -80% film showed the highest ratio (37.3%). These results indicate that a higher  $\text{CF}_4$  ratio leads to a higher content of fluorine in the DLC films. This contributes to the lower surface energy of the DLC surface, corresponding to higher hydrophobicity [10, 11].

### 3.3 SEM observation of the F-DLC surface

Figure 3 shows scanning electron micrographs of the film surface without plasma pre-treatment. Many cracks and irregularities can be seen on all of the film-coated samples. The surface topology is independent of the  $\text{CF}_4$  ratio. In contrast, the non-coated PTFE with plasma pre-treatment exhibited the formation of small protuberances at the nanometer scale, and a grainy surface was seen on the film-coated samples (Fig. 4). Some researchers have also reported that  $\text{O}_2$  plasma treatment changes the PTFE surface into a fine structure [19, 20]. This observation indicates that the plasma pre-treatment etches the PTFE surface, and after that, the DLC grows on each protrusion on the surface during a CVD process.

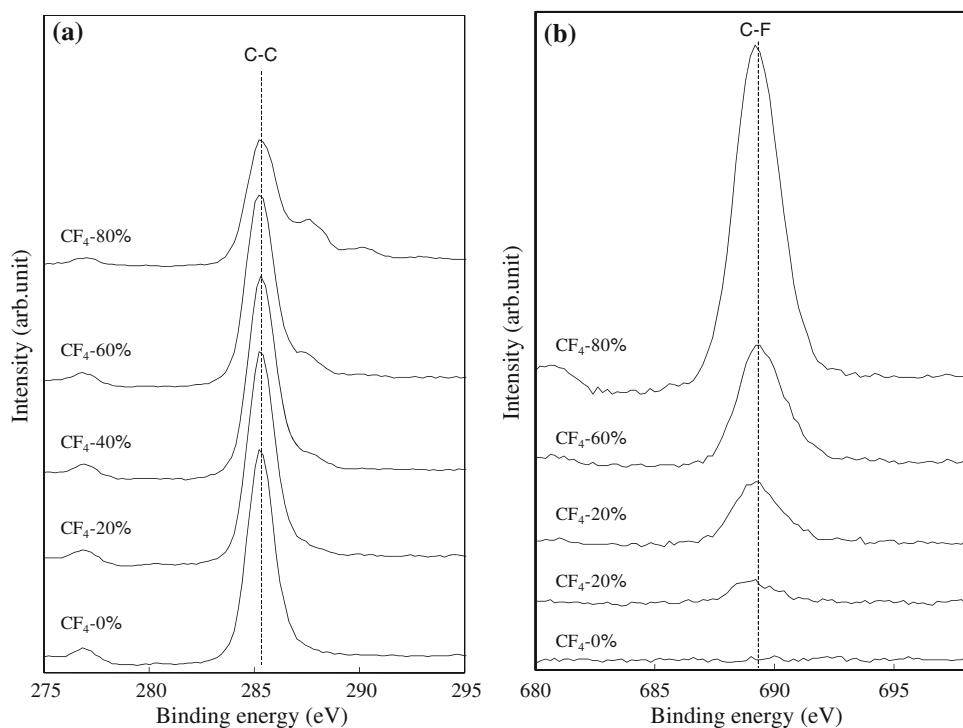
Due to  $\text{CF}_4$  etching, the higher the  $\text{CF}_4$  ratio becomes, the smoother the resulting surface, as seen in Fig. 4. Other studies have reported that the high etching rate of  $\text{CF}_4$  (10–50 nm/min at 13 Pa) contributes to a smoother surface [21]. The higher the  $\text{CF}_4$  ratio, the more the DLC grown on the surface is etched.

### 3.4 Water contact angle of the F-DLC surface

Table 2 shows the water contact angle of the film surface with and without plasma pre-treatments. In the film without the plasma pre-treatment, the contact angle was slightly increased with the  $\text{CF}_4$  ratio. This is consistent with fluorine content of the DLC film. According to Table 1, the F/C ratios increased with the  $\text{CF}_4$  ratio. Other studies have also reported that an increase of fluorine content of the DLC film contributed to its hydrophobicity [9].

In the film with the plasma pre-treatment, the contact angle drastically increased to  $122.1^\circ \pm 2.2^\circ$  ( $\text{CF}_4$ -0%) and  $125.9^\circ \pm 3.1^\circ$  ( $\text{CF}_4$ -20%) after DLC coating and gradually decreased with increases in the  $\text{CF}_4$  ratio. This trend appears different from that of the film without plasma pre-treatment. In the  $\text{CF}_4$ -20–80% film, the contact angle of the film with plasma pre-treatment decreased with increasing  $\text{CF}_4$  ratio, while the contact angle of the film without pre-treatment increased with the  $\text{CF}_4$  ratio. This opposite behavior observed in comparison of these two materials may be caused by the surface topology. In the SEM

**Fig. 2** XPS spectra of F-DLC films deposited on PTFE substrate: **a** C1s spectra; **b** F1s spectra. The C–C bonds decreased with increasing  $\text{CF}_4$  ratio, whereas the C–F bonds increased with the  $\text{CF}_4$  ratio



**Table 1** Chemical composition of the F-DLC films (%)

	C–C	$\text{C}-\text{CF}_x$	C–F	$\text{CF}_2$	$\text{CF}_3$	F/C ratio
CF <sub>4</sub> -80%	60.2	23.6	10.1	6.2	0	37.3
CF <sub>4</sub> -60%	74.3	14.7	5.8	5.2	0	21.8
CF <sub>4</sub> -40%	82.3	11.6	3.0	2.9	0	10.9
CF <sub>4</sub> -20%	90.4	6.3	3.3	0	0	3.6

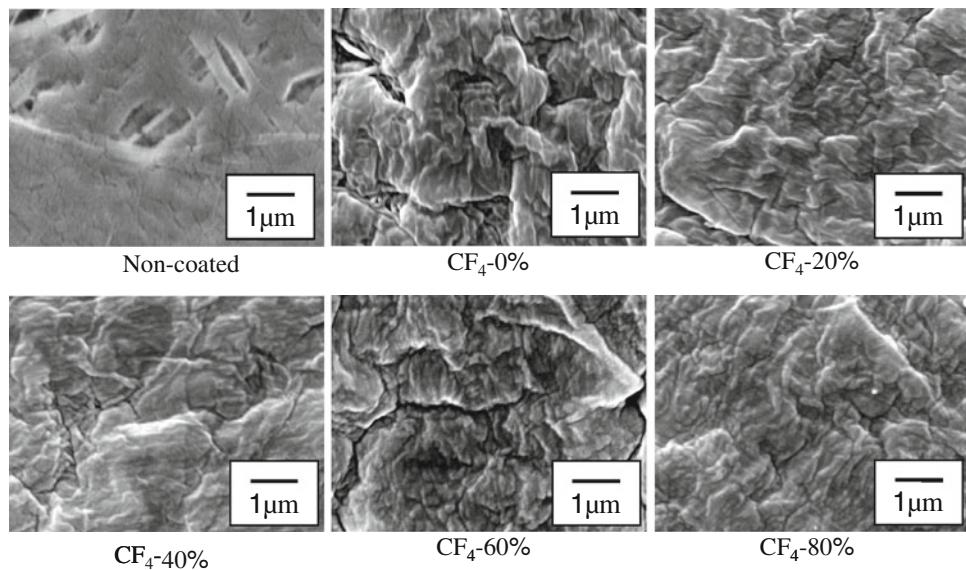
observations, the surface topology was very different. In the film with plasma pre-treatment, the formation of small protuberances on the surface may have more influence on

the hydrophobicity of the film than the effect of fluorine content of the film.

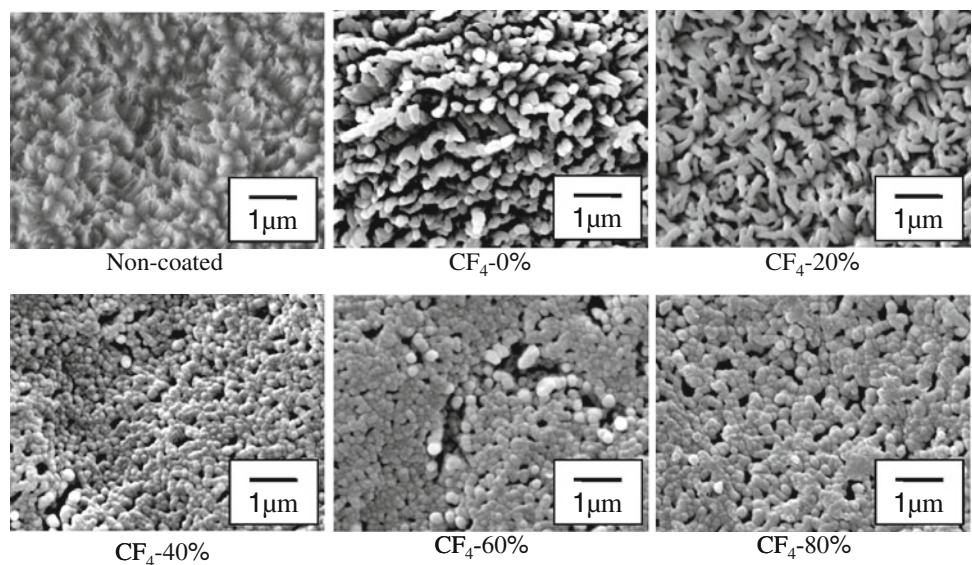
### 3.5 Pull-out test to determine the adhesion strength of F-DLC films to the PTFE substrates

Figure 5 shows the pull-out strength of the F-DLC film adhered to the PTFE substrates. In the CF<sub>4</sub>-0–60% film, the adhesion strength of the film to the PTFE with plasma pre-treatment was higher than that without the plasma pre-treatment. This suggests that the N<sub>2</sub> plasma pre-treatment

**Fig. 3** Scanning electron micrographs of F-DLC film without N<sub>2</sub> plasma pre-treatment. Many cracks and irregularities on the film surface were seen on all film-coated samples



**Fig. 4** Scanning electron micrographs of F-DLC film with N<sub>2</sub> plasma pre-treatment. The formation of small protuberances at the nanometer scale was seen on all film-coated samples. Films with higher CF<sub>4</sub> ratios showed smoother surfaces



**Table 2** Contact angle of test liquids on F-DLC film with and without plasma pre-treatment

	Non-coated	CF <sub>4</sub> -0%	CF <sub>4</sub> -20%	CF <sub>4</sub> -40%	CF <sub>4</sub> -60%	CF <sub>4</sub> -80%
Without the plasma pre-treatment	104.9° ± 1.2°	89.8° ± 3.1°	93.2° ± 2.0°	96.5° ± 2.2°	100.5° ± 1.6°	103.8° ± 2.8°
With the plasma pre-treatment	20.5° ± 2.1°	122.1° ± 2.2°	125.9° ± 3.1°	115.5° ± 1.9°	109.9° ± 2.2°	105.7° ± 3.2°

improved the adhesion strength of the F-DLC film. It is reported that the N<sub>2</sub> plasma creates C–N, C=N, and C–N–F groups on the PTFE surface, and the formation of these groups raises the surface energy of the PTFE surface [22]. Therefore, the N<sub>2</sub> plasma pre-treatment is effective in activating the polymer surface [23].

The strength of the film without plasma pre-treatment increased with the CF<sub>4</sub> ratio. This can be explained by the effectiveness of CF<sub>4</sub> etching. Hoshida et al. [24] reported that the CF<sub>x</sub> radicals act to etch the polymer surface at the beginning of the DLC deposition, and form nanoscale hills and holes. They also concluded that the DLC fills the holes, contributing to improvement of the adhesion strength of the DLC film. In addition, a higher fluorine content of the F-DLC may also result in more interaction with the fluorine on the PTFE surface.

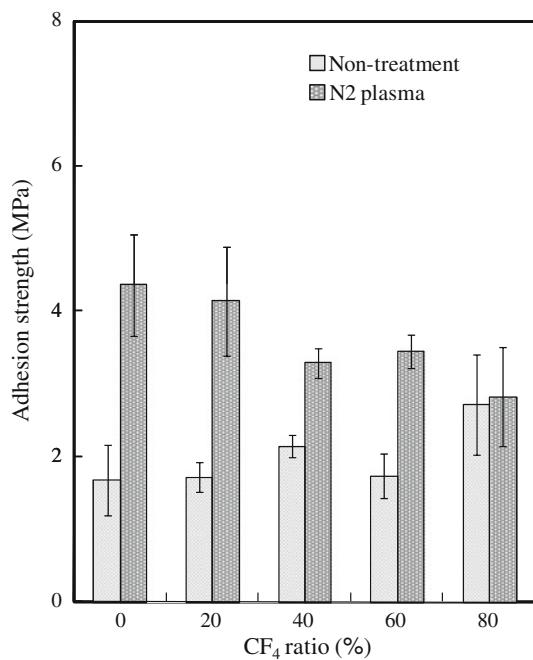
In contrast, with the plasma pre-treatment, the adhesion strength of the film decreased with increasing CF<sub>4</sub> ratio, the opposite of what was observed with the plasma pre-treatment. This suggests that an excessive content of CF<sub>4</sub> can damage the PTFE surface and remove the C–N, C=N, and C–N–F groups of the PTFE surface [22, 25].

### 3.6 Protein adsorption test of F-DLC film on PTFE substrate

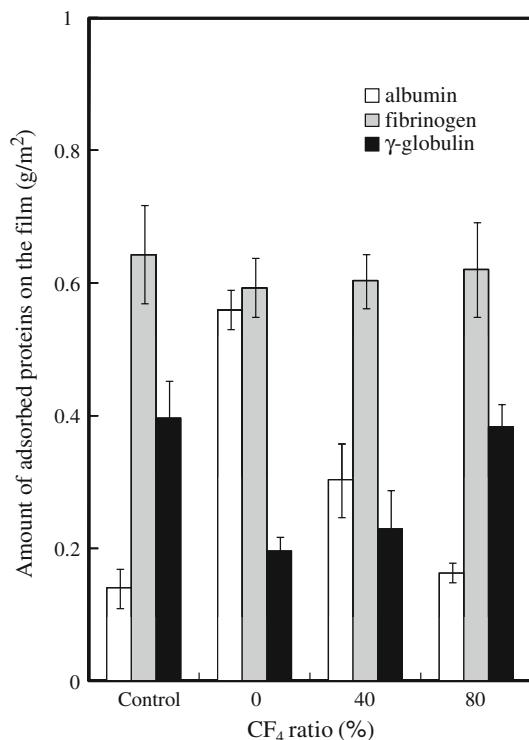
Figure 6 shows the amount of albumin, fibrinogen, and  $\gamma$ -globulin adsorbed on the films with plasma pre-treatment.

The control consists of the non-coated PTFE substrate without plasma pre-treatment. The amount of adsorbed albumin on the non-coated PTFE was the lowest in all samples. In the DLC-coated samples, the amount of adsorbed albumin decreased with increasing CF<sub>4</sub> ratio. In general, the albumin has high affinity to hydrophilic surfaces [26, 27]. This result indicates that PTFE has a surface with higher hydrophobicity than that of the DLC and F-DLC film, and the DLC film with the higher CF<sub>4</sub> ratio has the highest hydrophobic surface [10]. However, this result is not consistent with the results from the water contact angle measurements (Table 2). In Table 2, the CF<sub>4</sub>-0% film has a higher contact angle than CF<sub>4</sub>-40% and CF<sub>4</sub>-80% films. This might be because the surface topology, as well as the chemical conditions of the surface, has an influence on the results of the water contact angle measurement. The protuberances on the CF<sub>4</sub>-0% film surface, as seen in Fig. 4, might also make the contact angle of the film higher.

The amount of fibrinogen and  $\gamma$ -globulin adsorbed on the films shows similar tendencies. However, the amount of adsorbed  $\gamma$ -globulin was more susceptible to the CF<sub>4</sub> ratio than that of fibrinogen. Kim et al. [26] also reported that the amount of adsorbed  $\gamma$ -globulin on a polymer changed more drastically depending on the degree of wettability of the polymer materials than in the case of fibrinogen. In the DLC-coated samples, the amount of adsorbed fibrinogen and  $\gamma$ -globulin increased with CF<sub>4</sub> ratio. This is the



**Fig. 5** Pull-out strength of F-DLC film on the PTFE substrate as a function of CF<sub>4</sub> ratio. The strength of the film without N<sub>2</sub> plasma pre-treatment increased with the CF<sub>4</sub> ratio, whereas in the film with the N<sub>2</sub> plasma pre-treatment, the strength decreased with increasing CF<sub>4</sub> ratio



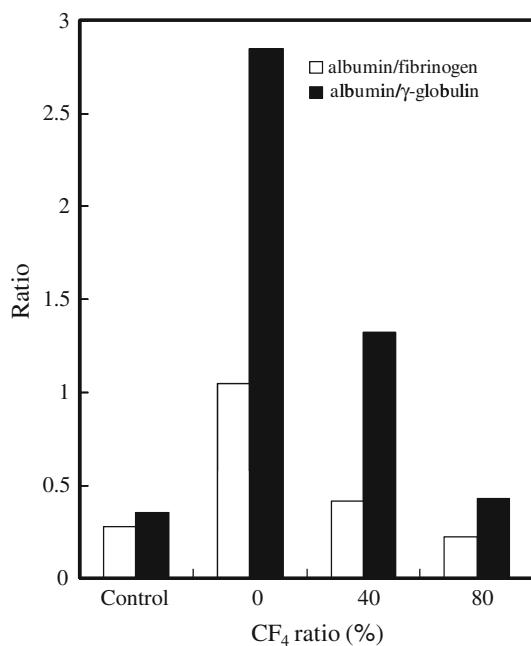
**Fig. 6** Amount of proteins (albumin, fibrinogen, and γ-globulin) adsorbed on the F-DLC films. Protein levels were assessed with Micro-BCA. Control: non-coated PTFE. The amount of adsorbed albumin on the film decreased with increasing CF<sub>4</sub> ratio, whereas the amount of adsorbed fibrinogen and γ-globulin on the film increased with the CF<sub>4</sub> ratio

opposite of what was seen with the albumin, and may occur because the fibrinogen and the γ-globulin have a high affinity to hydrophobic surfaces.

Preferential albumin adsorption is known to passivate the surface of an implant, whereas preferential adsorption of fibrinogen and γ-globulin will favor coagulation and platelet activation [28, 29]. Some studies have also reported that an albumin-coated surface remarkably inhibits platelet adhesion and blood coagulation [30, 31]. Between the DLC film and non-coated sample, the DLC film showed more anti-thrombogenicity than non-coated PTFE because the DLC-coated PTFE showed more adsorbed albumin and less fibrinogen and γ-globulin adsorption than the non-coated PTFE.

In the DLC-coated samples, the CF<sub>4</sub>-0% film showed the most adsorbed albumin and the least adsorbed fibrinogen and γ-globulin. Hasebe et al. [11] reported the adhesion of human blood platelets and protein adsorption (albumin and fibrinogen) on F-DLC coated on polycarbonate. They concluded the high-adsorbed albumin/fibrinogen ratio on the F-DLC film corresponded to a suppression of platelet adhesion, and the ratio of the F-DLC film was higher than that of the DLC film. The albumin/fibrinogen was reported to be useful for assessing the biocompatibility of a biomaterial [11, 31]. Both fibrinogen and γ-globulin enhance platelet adhesion and activation. In our experiment, the CF<sub>4</sub>-0% film showed the highest albumin/fibrinogen and albumin/γ-globulin ratios in all samples (Fig. 7). This indicates that the CF<sub>4</sub>-0% DLC film has a higher anti-thrombogenicity than the F-DLC film, which is inconsistent with previous results. One reason for the difference between their results and ours may be due to the effect of the plasma pre-treatment in our experiment. The PTFE substrate was plasma pre-treated prior to DLC coating for the protein adsorption test sample. The plasma pre-treatment drastically changed the surface morphology of the film on the PTFE, and the roughness was changed depending on the CF<sub>4</sub> ratio, as seen in SEM observations (Fig. 4). This surface morphology might have an influence on the protein adsorption property in our experiment. Another reason to be considered is the difference in the substrate used. They used a polycarbonate as a substrate, while our experiments were done with PTFE.

Protein adsorption on a polymer surface is a complex phenomenon and involves many factors, such as surface chemistry, surface morphology, and surface wettability, among others. From these results, the DLC film (CF<sub>4</sub>-0%) with the plasma pre-treatment appears to have a higher potential for application in artificial blood vessels (made of PTFE) to improve patency than the fluorinated DLC film because the plasma pre-treatment can be used to improve the adhesion strength of the film to the PTFE. However, the mechanism of biomaterial-associated thrombosis is still not



**Fig. 7** Albumin/fibrinogen and albumin/γ-globulin ratios. Control: non-coated PTFE

fully understood. Further studies are needed to investigate all factors related to thrombosis on the F-DLC films.

#### 4 Conclusions

The characteristics of F-DLC films were investigated in the context of chemical composition, adhesion strength, and adsorption of albumin, fibrinogen, and γ-globulin. The following conclusions were derived:

- In the XPS analysis, the C–C bonds decreased with increasing CF<sub>4</sub> ratio, whereas the C–F bonds increased with the CF<sub>4</sub> ratio. The F/C ratio of the film increased with the CF<sub>4</sub> ratio.
- The pullout test showed that the adhesion strengths of the films (CF<sub>4</sub>-0–60%) were improved with N<sub>2</sub> plasma pre-treatment. In the film without the plasma pre-treatment, adhesion strength increased with the CF<sub>4</sub> ratio. In contrast, in the case with plasma pre-treatment, the adhesion strength of the F-DLC film decreased with an increasing CF<sub>4</sub> ratio.
- In the protein adsorption test, the amount of adsorbed albumin on the film decreased with increasing CF<sub>4</sub> ratio, and the amount of adsorbed fibrinogen and γ-globulin increased with the CF<sub>4</sub> ratio. The CF<sub>4</sub>-0% DLC film showed the most adsorbed albumin and the least adsorbed fibrinogen and γ-globulin.

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